

Sunday Open Gym

www.autismalliance.org

The Sunday Open Gym was designed to help individuals and families living with Autism.

3000 square feet of carpeted open space, safety mats surrounding the perimeter, suspended swings, sensory and exploratory materials, visual supports

Siblings are welcome.

We encourage all families to utilize the various designs we have created to promote independence.

A trip to the Sunday Open Gym is more than just a great way to spend some quality time with your loved one.

It is also a way to promote community skill development in a therapeutic environment.

Activity schedules will be available each week. We will have blank ones, as well as sample schedules that can enhance a variety of sensory and cognitive experiences. This year the Sunday Open Gym will run January, February and March, 2011.

It will be open to young children, their siblings and parents from 10:00am to 1:00 pm.

It will be open to adolescents and young adults (14 and Up) from 1:30 to 5:00pm.

We will have different and age appropriate equipment for our older visitors.

Unlike years past - there will be a fee of \$5.00 per visit per family.

Your first visit will be FREE!

If the weather is severe, we will have a cancellation recording on our office phone # 508-652-9900

Address:

Academy MetroWest
9 Tech Circle,
Natick, MA, 01760